MILEX® Pessary Reference Guide

Pessaries for Incontinence and Pelvic Organ Prolapse



The Support Your Patient Needs... the Quality You Depend On!



Pessaries are the preferred choice for women who may prefer to avoid surgery or have medical contraindications.

Pessaries...

The perfect noninvasive solution for assessing or resolving pelvic organ prolapse, stress incontinence, urge incontinence and nocturia associated with urinary retention.

The pessary is a safe and effective device used to manage a number of gynecologic issues including pelvic support defects, stress urinary incontinence and urinary retention. The pessary was designed to reposition the appropriate organs as a first line therapy for all women with prolapse and/or control the timing of urine flow, thus regaining her quality of life. The market-leading Milex® silicone pessaries come in a wide variety of configurations to afford the optimal fit for your patients' needs.

As a nonsurgical tool to manage prolapse and incontinence situations, Milex pessaries have no peer. The device is inexpensive and easily managed. It also provides the opportunity to assess which surgical approach, if any, will improve the patient's condition before going to a surgical solution.

Physicians can use pessaries to assess the effect of prolapse reduction on symptoms and assist in determining surgical options.

Pessary Fitting Process

Proper fitting of the pessary may require the patient to try several pessary shapes and sizes. Once a complete pelvic examination has been performed, the physician should start with a shape and size based on physician's experience. Once the correct shape is determined, the largest pessary that the patient can comfortably wear is usually the most effective. After a comfortable fit, a patient should be able to squat, sit or stand without delivery of the pessary.

The physician's finger should pass easily between the pessary and the vaginal wall. The physician should check the pessary to be sure that the intended function is met. When the indication for the pessary is stress urinary incontinence, the patient should be asked to cough to test for any leakage of urine, with the pessary out and again with it in.



Pessary Selection Chart*

			Pro	oceder	ıtia								
Product Code	Condition and Selection Criteria				Cystocele	Rectocele	Stress Incontinence	Retro Displacement					Compatible with Sexual Activity
MXPER	Ring	Χ								21/2 - 33/4"	Silicone & Metal	Easy	Χ
MXPERK	Ring with knob	Χ			Χ		Χ			21/4 - 31/2"	Silicone & Metal	Easy	Χ
MXPRS	Ring with support	Χ			Χ					21/2 - 33/4"	Silicone & Metal	Easy	Χ
MXPRSK	Ring with support and knob	Χ			Χ		Χ			21/4 - 31/2"	Silicone & Metal	Easy	Χ
MXPCON	Incontinence Ring						Χ			21/4 - 31/2"	Silicone & Metal	Easy	Χ
MXPSH	Shaatz	Χ								21/4 - 3"	Silicone	Medium	Χ
MXPDO	Donut		Χ		Χ	Χ				21/2 - 31/4"	Silicone	Medium/Difficult	
MXPREG	Regula	Χ		Χ	Χ	Χ				11/4 - 11/2"	Silicone & Metal	Easy/Medium	
MXPGE	Gellhorn Flexible		Χ							21/4 - 3"	Silicone	Difficult	
MXPEH	Hodge	Χ						Χ	Χ	3½ - 4½" x 2¼ - 25%"	Silicone & Metal	Easy/Medium	Χ
MXPHS	Hodge with support	Χ			Χ		Χ			21/2 - 31/8"	Silicone & Metal	Easy/Medium	Χ
MXPEHK	Hodge with knob	Χ					Χ		Χ	3½ - 3¾" x 1 ¹⁵ / ₁₆ - 2½"	Silicone & Metal	Easy/Medium	Χ
MXPHSK	Nodge with knob and support	Χ			Χ		Χ		Χ	31/4 - 33/4" x 115/16 - 21/4"	Silicone & Metal	Easy/Medium	Χ
MXPRI	Risser	Χ						Χ	Χ	3½ - 4½" x 2¼ - 25%"	Silicone & Metal	Easy/Medium	Χ
MXPES	S Smith	Χ						Χ	Χ	3½ - 4½" x 2¼ - 25%"	Silicone & Metal	Easy/Medium	Χ
MXPCOND	Incontinence Dish	Χ					Χ			21/2 - 31/8"	Silicone	Easy/Medium	Χ
MXPCONDS	Incontinence Dish with support	Χ			Χ		Χ			21/2 - 31/8"	Silicone	Easy/Medium	Χ
MXPEC	Cube		Χ	Χ	Χ	Χ				13/8 - 13/4"	Silicone	Medium	Χ
MXPECT	Tandem Cube		Χ	Χ	Χ	Χ				13/8 - 13/4"	Silicone	Medium	Χ
MXPGS	Gehrung Gehrung		Χ		Χ	Χ				1% - 1¾" x 2 - 2¾"	Silicone & Metal	Medium/Difficult	Χ
MXPGSK	Gehrung with knob		Χ		Χ	Χ	Χ			1% - 1¾" x 2 - 2¾"	Silicone & Metal	Medium/Difficult	Χ
MXPINF	Inflatoball		Χ		Χ	Χ				21/4 - 21/2"	Latex	Easy	Χ

^{*}Source: Viera AJ, Larkins-Pettigrew M. Practical use of the pessary. Am Fam Physician. May 1, 2000;61(9): 2719-26

MILEX® Brand Pessary Product Offerings

Ring

For mild prolapse.

Product # MXPER (Pessary Only) Product # MXKPER (Pessary, Trimo-San, Jel Jector)





Ring						
Product #		mm				
MXPER00	13/4	44				
MXPER01	2	51				
MXPER02	21/4	57				
MXPER03	21/2	64				
MXPER04	23/4	70				
MXPER05	3	76				
MXPER06	31/4	83				
MXPER07	31/2	89				
MXPER08	3¾	95				
MXPER09	4	102				
MXPER10	41/4	108				
MXPER11	41/2	114				
MXPER12	43/4	121				
MXPER13	5	127				

Incontinence Ring

For stress urinary incontinence.

Product # MXPCON (Pessary Only)
Product # MXKPCON
(Pessary, Trimo-San, Jel Jector)





Incontinence Ring						
Product #						
MXPCON00	13/4	44				
MXPCON01	2	51				
MXPCON02	21/4	57				
MXPCON03	21/2	64				
MXPCON04	23/4	70				
MXPCON05	3	76				
MXPCON06	31/4	83				
MXPCON07	31/2	89				
MXPCON08	3¾	95				
MXPCON09	4	102				
MXPCON10	41/4	108				
MXPCON11	41/2	114				
MXPCON12	43/4	121				
MXPCON13	5	127				

Ring with Knob

For mild prolapse complicated by stress urinary incontinence.

Product # MXPERK (Pessary Only) Product # MXKPERK (Pessary, Trimo-San, Jel Jector)





Ring with Knob							
Product #	in.	mm					
MXPERK00	13/4	44					
MXPERK01	2	51					
MXPERK02	21/4	57					
MXPERK03	21/2	64					
MXPERK04	23/4	70					
MXPERK05	3	76					
MXPERK06	31/4	83					
MXPERK07	31/2	89					
MXPERK08	3¾	95					
MXPERK09	4	102					
MXPERK10	41/4	108					
MXPERK11	41/2	114					
MXPERK12	43/4	121					
MXPERK13	5	127					

Ring with Support & Knob

For mild prolapse complicated by a mild cystocele and stress urinary incontinence.

Product # MXPRSK (Pessary Only) Product # MXKPRSK (Pessary, Trimo-San, Jel Jector)





w/ συρροιτ α κπου							
Product #	in.	mm					
MXPRSK00	13/4	44					
MXPRSK01	2	51					
MXPRSK02	21/4	57					
MXPRSK03	21/2	64					
MXPRSK04	23/4	70					
MXPRSK05	3	76					
MXPRSK06	31/4	83					
MXPRSK07	31/2	89					
MXPRSK08	33/4	95					
MXPRSK09	4	102					
MXPRSK10	41/4	108					
MXPRSK11	41/2	114					
MXPRSK12	43/4	121					
MXPRSK13	5	127					

Incontinence Ring

P = Prolapse

I = Incontinence

Ring with Support

For mild prolapse complicated by a mild cystocele.

Product # MXPRS (Pessary Only) Product # MXKPRS (Pessary, Trimo-San, Jel Jector)





Ring with Support							
Product #	in.	mm					
MXPRS00	13/4	44					
MXPRS01	2	51					
MXPRS02	21/4	57					
MXPRS03	21/2	64					
MXPRS04	23/4	70					
MXPRS05	3	76					
MXPRS06	31/4	83					
MXPRS07	31/2	89					
MXPRS08	33/4	95					
MXPRS09	4	102					
MXPRS10	41/4	108					
MXPRS11	41/2	114					
MXPRS12	43/4	121					
MXPRS13	5	127					

Shaatz

For mild prolapse complicated by a mild cystocele.

Product # MXPSH (Pessary Only) Product # MXKPSH (Pessary, Trimo-San, Jel Jector)





Shaatz						
Product #						
MXPSH-1½	1 1/2	38				
MXPSH-1¾	13/4	44				
MXPSH-2	2	51				
MXPSH-21/4	21/4	57				
MXPSH-2½	21/2	64				
MXPSH-2¾	23/4	70				
MXPSH-3	3	76				
MXPSH-31/4	31/4	83				
MXPSH-3½	31/2	89				
MXPSH-3¾	3¾	95				

Hodge

For stress urinary incontinence for a woman who has a very small vaginal introitus.

Product # MXPEH (Pessary Only) Product # MXKPEH (Pessary, Trimo-San, Jel Jector)



with a mild cystocele for a woman who has a very small vaginal introitus. Product # MXPHS

(Pessary Only) Product # MXKPHS (Pessary, Trimo-San, Jel Jector)

Hodge w/ Support

For stress urinary incontinence



Hodge w/ Knob

For stress urinary incontinence in the woman who has a small vaginal introitus.

Product # MXPEHK (Pessary Only) Product # MXKPEHK (Pessary, Trimo-San, Jel Jector)



Product # MXKPHSK (Pessary, Trimo-San, Jel Jector)





Hodge w/

Support & Knob

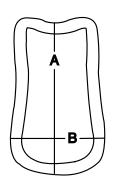
vaginal introitus.

For stress urinary incontinence

complicated by a mild cystocele

in the woman who has a small

Product # MXPHSK (Pessary Only)



	Hodge						
Hodge		w/ Knob	w/ Support & Knob				
Product #	Product #	Product #	Product #			in. (B)	mm (B)
MXPEH00	MXPHS00	MXPEHK00	MXPHSK00	23/4	70	13/4	44
MXPEH01	MXPHS01	MXPEHK01	MXPHSK01	3	76	11//8	48
MXPEH02	MXPHS02	MXPEHK02	MXPHSK02	31/4	83	115/16	49
MXPEH03	MXPHS03	MXPEHK03	MXPHSK03	3½	89	2	51
MXPEH04	MXPHS04	MXPEHK04	MXPHSK04	35/8	92	21/8	54
MXPEH05	MXPHS05	MXPEHK05	MXPHSK05	3¾	95	21/4	57
MXPEH06	MXPHS06	MXPEHK06	MXPHSK06	3%	98	2%	60
MXPEH07	MXPHS07	MXPEHK07	MXPHSK07	41/4	108	21/2	64
MXPEH08	MXPHS08	MXPEHK08	MXPHSK08	45/8	117	25/8	67
MXPEH09	MXPHS09	MXPEHK09	MXPHSK09	5	127	23/4	70

Gellhorn

For 3rd degree prolapse/procidentia.

Product # MXPGE (Pessary Only) Product # MXKPGE (Pessary, Trimo-San, Jel Jector)

Also available in: Short Stem Product # MXPGRS Rigid Product # MXPGRS (Pessary Only)

Short Stem Product # MXKPGRS Rigid Product # MXKPGRS (Pessary, Trimo-San, Jel Jector)



Gellhorn							
Flexible	Rigid	Short Stem					
Product #	Product #	Product #	in.	mm			
MXPGE-1½	MXPGRS-1½	MXPGSS-1½	1 1/2	38			
MXPGE-13/4	MXPGRS-1¾	MXPGSS-1¾	13/4	44			
MXPGE-2	MXPGRS-2	MXPGSS-2	2	51			
MXPGE-21/4	MXPGRS-21/4	MXPGSS-21/4	21/4	57			
MXPGE-21/2	MXPGRS-2½	MXPGSS-2½	21/2	64			
MXPGE-2¾	MXPGRS-2¾	MXPGSS-2¾	23/4	70			
MXPGE-3	MXPGRS-3	MXPGSS-3	3	76			
MXPGE-31/4	MXPGRS-31/4	MXPGSS-31/4	31/4	83			
MXPGE-3½	MXPGRS-3½	MXPGSS-3½	31/2	89			
MXPGE-3¾	MXPGRS-3¾	MXPGSS-3¾	3¾	95			



Regula

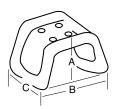
For uterine prolapse (1st and 2nd degree).

Product # MXPREG (Pessary Only) Product # MXKPREG (Pessary, Trimo-San, Jel Jector)





Regula Folding							
Product #			in. (B)	mm (B)	in. (C)		
MXPREG00	1	25	1 15/16	49	13/8	35	
MXPREG01	1 1/16	27	2	51	11/2	38	
MXPREG02	11/8	29	21/8	54	15/8	41	
MXPREG03	11/4	32	23/16	56	13/4	44	
MXPREG04	13/8	35	21/4	57	11//8	48	
MXPREG05	17/16	37	23/8	60	2	51	
MXPREG06	1½	38	25/8	67	21/8	54	
MXPREG07	1 1 1/8	41	21/8	73	21/4	57	
MXPREG08	13/4	44	31/8	79	2%	60	



Cube

Support for 3rd degree prolapse/procidentia.
Should be removed nightly.

Product # MXPEC (Pessary Only) Product # MXKPEC (Pessary, Trimo-San, Jel Jector)

Also available in: Cube with Drainage Holes Product # MXPECH (Pessary Only) Product # MXKPECH (Pessary, Trimo-San, Jel Jector)



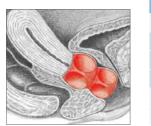


Tandem-Cube

Support for 3rd degree prolapse/ procidentia when single cube provides inadequate support. Should be removed nightly.

Product # MXPECT (Pessary Only) Product # MXKPECT (Pessary, Trimo-San, Jel Jector)





Cube						
Cube						
Product #	Product #					
MXPEC00	MXPECH00	1	25			
MXPEC01	MXPECH01	13/16	30			
MXPEC02	MXPECH02	1%	35			
MXPEC03	MXPECH03	1½	38			
MXPEC04	MXPECH04	1 1 1/8	41			
MXPEC05	MXPECH05	13/4	44			
MXPEC06	MXPECH06	2	51			
MXPEC07	MXPECH07	21/4	57			

Tandem Cube						
MXPECT2-0	1% & 1	35 & 25				
MXPECT3-1	11/2 & 13/16	38 & 30				
MXPECT4-2	15/8 & 13/8	41 & 35				
MXPECT5-3	13/4 & 11/2	44 & 38				
MXPECT6-4	2 & 15/8	51 & 41				
MXPECT7-5	21/4 & 13/4	57 & 44				

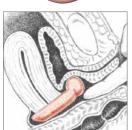


Incontinence Dish

For stress urinary incontinence with mild prolapse.

Product # MXPCOND (Pessary Only) Product # MXKPCOND (Pessary, Trimo-San, Jel Jector)





Incontinence Dish with Support

For stress urinary incontinence with mild prolapse and a mild cystocele.

Product # MXPCONDS (Pessary Only)
Product # MXKPCONDS
(Pessary, Trimo-San, Jel Jector)





Incontinence Dish									
Dish	Dish w/ Support								
Product #	Product #	in.	mm						
MXPCOND00	MXPCONDS00	21/8	55						
MXPCOND01	MXPCONDS01	23/8	60						
MXPCOND02	MXPCONDS02	21/2	65						
MXPCOND03	MXPCONDS03	23/4	70						
MXPCOND04	MXPCONDS04	3	75						
MXPCOND05	MXPCONDS05	31/8	80						
MXPCOND06	MXPCONDS06	3%	85						

Risser

Designed for patient with shallow pubic notch. Has larger weight bearing zone to support vaginal aspects of pubis. Helpful in cases of repeated miscarriages due to an incompetent cervix by repositioning the weight of the growing fetus.

Product # MXPRI (Pessary Only)
Product # MXKPRI
(Pessary, Trimo-San, Jel Jector)



Risser									
Product #	in. (A)	mm (A)		mm (B)					
MXPRI00	31/8	79	2	51					
MXPRI01	31/4	83	21/8	54					
MXPRI02	3½	89	21/4	57					
MXPRI03	33/4	95	2%	60					
MXPRI04	41/4	108	21/2	64					
MXPRI05	41/2	114	25/8	67					
MXPRI06	43/4	121	23/4	70					
MXPRI07	5	127	21/8	73					
MXPRI08	5½	140	3	76					
MXPRI09	5¾	146	31/8	79					



Smith

Modification of Hodge pessary. For stress urinary incontinence designed for patients with a well-defined pubic-notch. Helpful in cases of repeated miscarriages due to incompetent cervix by repositioning the weight of the growing fetus.

Product # MXPES (Pessary Only) Product # MXKPES (Pessary, Trimo-San, Jel Jector)



Smith									
Product #									
MXPES00	31/8	79	2	51					
MXPES01	31/4	83	21/8	54					
MXPES02	31/2	89	21/4	57					
MXPES03	3¾	95	2%	60					
MXPES04	41/4	108	21/2	64					
MXPES05	41/2	114	25/8	67					
MXPES06	43/4	121	23/4	70					
MXPES07	5	127	21/8	73					
MXPES08	5½	140	3	76					
MXPES09	5¾	146	31/8	79					

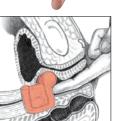


Gehrung with Knob/Folding

For cystocele with or without mild rectocele complicated by stress urinary incontinence.

Product # MXPGSK (Pessary Only) Product # MXKPGSK (Pessary, Trimo-San, Jel Jector)





Gehrung/Folding

Support for cystocele and rectocele. It is also more adaptable in cases of procidentia where the uterus tends to herniate when other pessaries are used.

Product # MXPGS (Pessary Only) Product # MXKPGS (Pessary, Trimo-San, Jel Jector)





	Ge	hrung	J				
Gehrung w/ Knob/Folding	Gehrung Folding						
Product #	Product #	in. (A)	mm (A)	in. (B)			
MXPGSK00	MXPGS00	1 1/16	27	1½	38	1 1 1/8	35
MXPGSK01	MXPGS01	11/8	29	13/4	44	1½	38
MXPGSK02	MXPGS02	1%	35	2	51	15/8	41
MXPGSK03	MXPGS03	1½	38	21/8	54	13/4	44
MXPGSK04	MXPGS04	15/8	41	21/4	57	11//8	48
MXPGSK05	MXPGS05	13/4	44	2%	60	2	51
MXPGSK06	MXPGS06	11//8	48	2½	64	21/8	54
MXPGSK07	MXPGS07	2	51	21/8	73	21/4	57
MXPGSK08	MXPGS08	21/8	54	3	76	2%	60
MXPGSK09	MXPGS09	21/4	57	31/8	79	2%	64



Trimo-San Vaginal Jelly*

Trimo-San is a recommended adjunct for pessary wearers. For complete information, see product enclosure.

*Not sold outside U.S.





Trimo-San Vaginal Jelly							
MX5030	Trimo-San Jelly with Jector	4 oz					
MXAPP	Jector Replacement	BX					

Donut

Support for 3rd degree prolapse/procidentia. Not to be deflated during insertion or removal. See Inflatoball if a deflatable pessary is necessary.

Product # MXPDO (Pessary Only) Product # MXKPDO (Pessary, Trimo-San, Jel Jector)





Dor	ıut	
Product #		
MXPD000	2	51
MXPD001	21/4	57
MXPD002	21/2	64
MXPD003	23/4	70
MXPD004	3	76
MXPD005	31/4	83
MXPD006	31/2	89
MXPD007	3¾	95

Inflatoball–Size

51

57

64

Inflatoball™

Inflatable for 3rd degree prolapse/procidentia with or without a mild cystocele and/or rectocele.

Product # MXPINF (Pessary Only) Product # MXKPINF (Pessary, Trimo-San, Jel Jector)





	_		1			2		3		4		5
Inches				بابابار								
Millimeters	10	20	30	40	50	60	70	80	90 10	00 110	120	130

Note: Shaded areas show the minimum assortment neccessary to fit approximately 85% of patients.

<u>CoperSurgical</u>

CooperSurgical is the leading company dedicated to providing medical devices and procedure solutions that improve health care delivery to women regardless of clinical setting. Our company is fostering that position through expansion of its core businesses and introduction of advanced technology-based products which aid clinicians in the management and treatment of commonly seen conditions.

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